



*** FRESH JUICE BAR ***



FRESHLY SQUEEZED JUICE - \$6-00

CLEAN & GREEN

Kale, GS Apples, Coconut Water, Mint

HEART REEF HEART STARTER

Kale, Pineapple, GS Apples,
Lemon, Ginger

SUMMER SPECIAL

Pineapple, Apple, Berries

PINEAPPLE POWER

Pineapple, Orange, Ginger

HEALTHY HARVEST

Carrot, Beetroot, Celery, Apple,
Lemon, Ginger, Orange

FRESH FRUIT SMOOTHIES - \$6-00

BOWEN BREEZE

Mango, Milk, Yoghurt

BERRY GOOD

Berries, Banana, Apple Juice,
Greek Yoghurt, Milk

TROPICAL TREASURE

Mango, Banana, Pineapple,
Coconut Water, Milk, Yoghurt

BANANA BENDER

Banana, Honey, Yoghurt, Milk

WAKE - UP WHITSUNDAYS

Banana, Oats, Blue Berries, LSA,
Milk, Yoghurt, Honey

OR - CREATE YOUR OWN